

Digital teens | Reading

NOME: _____

N.º: _____ TURMA: _____

DATA: ____ / ____ / ____

NÍVEL: A NOTA: _____

One weekend without notifications [A]

A Read the following text carefully.

Fifteen-year-old Noah was surprised when his school announced a voluntary screen-free weekend. Most of his

friends were unsure about participating. Noah accepted the challenge because he wanted to discover how much

time he spent on his phone. On Friday evening, he put his device in a drawer and wrote a list of offline activities.

On Saturday he went cycling with his cousin, helped prepare dinner and started a detective novel. He missed

sharing photos, but he enjoyed talking to his family without interruptions. On Sunday afternoon, Noah and his

classmates met in the park to compare experiences. Some students said that they had slept better; others had

found the challenge difficult. Noah decided that he would still use technology for school and communication, but

he would disable unnecessary notifications. He believes that being online can be useful, provided we control our

habits instead of letting them control us.

B Answer the questions in complete sentences.

1. Give the text a different title and explain your choice.

2. Identify the main character(s) and the setting.

3. Describe two important activities or events from the text.

4. What changed between the beginning and the end of the story?

5. Find two words connected with the unit topic.

C Check your understanding.

1. Write T (true) or F (false): The story involves teenagers.

2. Write T or F: The experience changes someone's ideas or habits.

3. Find an expression showing time.

4. Give your opinion in 35–45 words.
