

A LISTENING: Listen to the unit recording and complete.

NOME: _____

N.º: _____ TURMA: _____

DATA: ____ / ____ / ____

NÍVEL: A NOTA: _____

Progress test [A]

Digital teens | Progress_Tests

1. Identify the topic and write the name of one speaker.

2. Write two facts you heard.

3. Explain one detail from the conversation.

B READING: Read the text.

Fifteen-year-old Noah was surprised when his school announced a voluntary screen-free weekend. Most of his

friends were unsure about participating. Noah accepted the challenge because he wanted to discover how much

time he spent on his phone. On Friday evening, he put his device in a drawer and wrote a list of offline activities.

On Saturday he went cycling with his cousin, helped prepare dinner and started a detective novel. He missed

sharing photos, but he enjoyed talking to his family without interruptions. On Sunday afternoon, Noah and his

classmates met in the park to compare experiences. Some students said that they had slept better; others had

found the challenge difficult. Noah decided that he would still use technology for school and communication, but

he would disable unnecessary notifications. He believes that being online can be useful, provided we control our

habits instead of letting them control us.

C Reading comprehension.

1. Who is the central character?

2. What is the main problem or goal?

3. Describe two important details.

4. Explain what the character learns.

D VOCABULARY & GRAMMAR.

1. Write a sentence with each word: account, followers, privacy settings.

2. If you ____ (protect) your password, your account ____ (be) safer.

3. If I ____ (have) more time, I ____ (learn) to code.

4. We ____ (not post) the video if our friend ____ (object).

5. If everyone ____ (check) sources, fewer people ____ (share) fake news.

E WRITING.

Write a text of 100–120 words about “Digital teens”. Refer to your experience or give advice and include

vocabulary from the unit.