

the programme, Alex had made new friends and felt much more confident speaking English. He realised that

NOME: _____

N.º: _____ TURMA: _____

DATA: ____ / ____ / ____

NÍVEL: A NOTA: _____

Progress test [A]

Teens on the move | Progress_Tests

A LISTENING: Listen to the unit recording and complete.

1. Identify the topic and write the name of one speaker.

2. Write two facts you heard.

3. Explain one detail from the conversation.

B READING: Read the text.

Last July, fourteen-year-old Alex travelled from Porto to Galway for a three-week youth programme. He was

nervous on his first day because he had never stayed with a host family. However, his hosts, Claire and Patrick,

welcomed him warmly. Every morning Alex attended English lessons with young people from eight countries. In

the afternoons, they volunteered at a community garden. Alex helped plant vegetables, repair benches and

prepare food parcels for elderly neighbours. One afternoon, while the group was cleaning the garden, it started to

rain heavily. They continued working under a large shelter and shared stories about their countries. By the end of

helping other people can turn an ordinary holiday into a memorable experience.

C Reading comprehension.

1. Who is the central character?

2. What is the main problem or goal?

3. Describe two important details.

4. Explain what the character learns.

D VOCABULARY & GRAMMAR.

1. Write a sentence with each word: host family, exchange student, culture shock.

2. My cousin usually ____ (cycle) to school, but this week he ____ (take) the bus.

3. The exchange students ____ (visit) the museum right now.

4. ____ your host brother ____ (speak) French?

5. I ____ (not understand) this question.

E WRITING.

Write a text of 100–120 words about “Teens on the move”. Refer to your experience or give advice and include

vocabulary from the unit.