B. READING • Answer the questions.

NOME: _____ N.º: _____ TURMA: _____

DATA: _____ / _____ / _____ NÍVEL: B NOTA: _____

Progress Test • Unit 3

Unit 3 • Live well Level B

A READING • Read the text.

At Riverside School, pupils used to throw away large amounts of food every lunchtime. The student council

decided to change the situation. First, they interviewed classmates about their favourite dishes and asked

the kitchen staff to prepare smaller portions. Then they introduced a colourful salad bar and placed water

dispensers in the dining room. Students can now choose vegetables, beans and fruit to add to their meal.

They also have a small compost bin for unavoidable food scraps. The plan has been running for six weeks

and the amount of food waste has already decreased. Thirteen-year-old Daniel says he now tries something

new every Monday. The council is planning a cooking workshop for families next month.

1. Identify the topic of the text.

2. Who takes part in the events?

3. Mention two important details.

4. What is the final result?

C. VOCABULARY • Complete the tasks.

1. Explain or translate: wholegrain bread.

2. Explain or translate: cucumber.

3. Explain or translate: yoghurt.

4. Explain or translate: lentils.

D. GRAMMAR • Complete with the appropriate form.

1. We need ___ apples for the pie. (some / much)
2. How ___ water do you drink? (many / much)
3. There are only ___ biscuits left. (a few / a little)
4. We haven't got ___ carrots. (some / any)
5. She puts ___ salt in her soup. (a little / a few)

E. WRITING • Write a short paragraph.

1. Write 60–80 words about live well. Include your opinion and an example.